

THE SHIFT TOWARDS COCONUT BASED MCT OILS

MARKET DYNAMICS, REGULATORY CHANGE AND SUPPLY SECURITY



MCT oils are essential ingredients in nutrition, functional foods and supplements. As regulations evolve and sustainability expectations rise, coconut-based MCT oils are emerging as the preferred choice for the future.

TODAY: STRONG DEMAND, LIMITED OPTIONS

MCT oils are predominantly produced from...



PALM KERNEL OIL



COCONUT OIL



Global demand for MCT oils continues to grow across multiple industries.

THE SHIFT: REGULATION DRIVING CHANGE



Palm-based MCTs expected to fall under the **EUDR** from 2027

Increased due diligence, traceability and compliance requirements may impact availability, cost and supply continuity.

TOMORROW: GROWING PREFERENCE FOR COCONUT-BASED MCTs



Demand for coconut-based alternatives is likely to increase



Perceived as a lower-risk and more sustainable option



Supports supply chain diversification and resilience



Helps businesses prepare for evolving regulations

WHY ACT NOW?

SECURE SUPPLY

Lock in reliable access to coconut-based MCT oils before demand outpaces available supply.

MANAGE RISK

Reduce regulatory, sustainability and supply chain risks associated with palm-based sources.

STRENGTHEN PARTNERSHIPS

Work with trusted suppliers who understand your quality and volume requirements.

PREPARE FOR THE FUTURE

Position your business for long-term success in a changing market landscape.



PREMIUM OILS: YOUR PARTNER IN SUPPLY SECURITY

We have 100% coconut-based MCT oil from stock, helping customers secure reliable supply in a challenging market.



PREMIUM OILS

healthy oils for healthier people



info@premiumoils.com

- 100% Coconut-Based MCT Oil
- From Stock for Reliable Supply
- Consistent Quality

MCT OILS IN PRACTICE:

APPLICATIONS, PERFORMANCE AND RESPONSIBLE SOURCING



Medium-Chain Triglycerides (MCTs) are unique fats that are rapidly absorbed and converted into energy by the body. Unlike long-chain fatty acids, MCTs bypass many of the traditional digestion processes, making them a popular ingredient in nutrition, wellness, and functional food applications.

KEY APPLICATIONS

KETOGENIC NUTRITION

MCT oil is widely used in ketogenic and low-carbohydrate diets because it can support ketone production, helping consumers maintain nutritional ketosis while providing a readily available source of energy.

SPORTS & ACTIVE NUTRITION

Athletes and active consumers increasingly use MCTs as a fast-acting energy source before training or endurance activities. MCT oils are commonly incorporated into performance beverages, protein products, and energy formulations.

FUNCTIONAL FOODS & BEVERAGES

MCTs are frequently added to coffee creamers, meal replacements, ready-to-drink beverages, nutrition bars, and powdered drink mixes due to their neutral taste and excellent formulation properties.

DIETARY SUPPLEMENTS

Capsules, softgels, and liquid supplements containing MCT oil remain one of the fastest-growing segments within the health and wellness industry.

WHY SOURCING MATTERS



As demand for coconut-based MCT oils continues to grow, supply chain resilience has become increasingly important. The quality and consistency of MCT oil begins with the origin of the coconuts themselves. At Premium Oils we source our coconut-derived MCT oil from the Philippines, one of the world's leading coconut-producing regions. The country's established coconut industry, experienced processing sector, and long-standing expertise in coconut cultivation provide a strong foundation for consistent product quality and supply reliability.

Working directly with trusted supply partners enables transparency throughout the value chain while supporting dependable availability for customers in Europe and beyond.

